



CBD For Skin Issues

CBD MAY HELP WITH
ACNE, PSORIASIS, ECZEMA
AND MORE

How Does CBD Affect Skin issues?

- ▶ CBD may also help a person manage other skin conditions due to its anti-inflammatory properties. CBD also has an antioxidant effect in the body, which may also be helpful for other skin problems.

Anti-Acne

- ▶ The effects of CBD on receptors in the immune system may help reduce overall inflammation in the body. In turn, CBD oil may offer benefits for acne management. A human study published in the [Journal of Clinical Investigation](#) found that the oil prevented activity in sebaceous glands. These glands are responsible for producing sebum, a natural oily substance that hydrates the skin. Too much sebum, however, can lead to acne.
- ▶ Before you consider CBD oil for acne treatment, it's worth discussing with your dermatologist. More human studies are needed to evaluate the potential benefits of CBD for acne.

Eczema and Psoriasis

- ▶ The anti-inflammatory compound may help reduce potential triggers of eczema and psoriasis in some people. CBD may also help balance the immune system, which influences these conditions. However, more direct research is necessary.

Sensitive Skin

- ▶ These same benefits may help soothe sensitive skin and reduce the appearance of general irritation. However, people should be cautious about any added ingredients, as these may irritate sensitive skin. **Purest Form CBD** is all natural and organic.

Fibromyalgia

- ▶ Anecdotal data suggests that taking **CBD oil** may alleviate symptoms of **fibromyalgia** in some people. ... **CBD** has been found to effectively reduce pain, improve sleep, and diminish refractory pain in patients with **fibromyalgia**, migraine, irritable bowel syndrome, and similar conditions involving chronic pain.

Aging and Wrinkles

- ▶ CBD has an anti-inflammatory and antioxidant effect, which may promote overall skin health and reduce age lines and wrinkles.
- ▶ Source: Medical News Today March 2019
- ▶ Source: Healthline newsletter April 2017